

### UNM Family Medicine Table of Contents



**Contact Information**

**Telephone: (505) 272-6607**

**Web: <http://fcm.unm.edu/education/residency/index.html>**

Why UNM Family Medicine Residency?.....	2
Meet Our Residents.....	4
Meet Our Faculty.....	6
Our Clinic Sites.....	8
Living in Albuquerque.....	10

### The Advantages of UNM



As a specialty, Family Medicine is leading health care into the future, finding new ways to deliver primary care, affecting health outcomes in underserved populations, and addressing the larger issues of health within the community. Congratulations on your decision to be a part of this exciting frontier of medicine!

The UNM Family Medicine Program is designed to support the growing role of Family Medicine by training our residents to be clinically skilled physicians and patient advocates, as well as leaders in the communities in which they will practice.

UNM offers a unique kind of program, combining the best parts of working at an academic center with many of the advantages of a community program. Our facilities, faculty, and community will all aid in your transition from a medical school graduate to an independent provider with a set of skills vital for the next generation of physicians.

Our combination of community and hospital-based training allows us more flexibility than most programs: we encourage residents to take every opportunity to tailor their residency experience to move them toward the diverse career goals found within Family Medicine. Whether it's upper level elective months in rural New Mexico, additional inpatient rotations with leading cardiologists, overseas electives, or unique women's health experiences, at UNM you'll have the ability to help chart your own course.

Does Family Medicine work at a university hospital? A key to our success is the respected position we hold within UNM. Being consistently ranked as one of the top 10 Family Medicine departments in the country (US News & World Report), Family Medicine has always played a key role in the vision and priorities of the UNM Health System. We also have an international reputation for innovation in Family Medicine and medical education.

Family Medicine as a specialty, and our department as a whole, is respected at the highest levels of leadership at UNM. Our mission of providing care to those who need it most and eliminating healthcare disparities is the shared mission of UNM.

### The Advantages of UNM

Some other great features of our program:

- The institution: UNM serves as both an academic **and** regional safety net hospital: a rare combo that is great for education. It means our patients can be pretty sick, and you'll see and care for a broad range of clinical challenges. It also means that there are leading specialists here, and specialists who chose academic medicine because they enjoy teaching.
- Our faculty: Leaders that teach and teachers that lead. Our faculty includes internationally recognized clinicians, including those that helped pioneer the specialty. All of them are dedicated to the teaching process of young physicians. Residency will challenge you, but you'll be supported by a strong faculty that chose their job because they enjoy training residents.
- High quality scheduled teaching: At our weekly resident school you'll hear presentations by both our department and other nationally recognized clinicians from UNM. You'll also be exposed to stories of what our alumni are doing: things like opening clinics in Nicaragua, working in rural IHS sites, and performing as team physicians for universities.
- Our maternity care and women's health curriculum: Dr. Larry Leeman is a national leader in this arena and our residents get opportunities rarely found in other family medicine programs. Beyond prenatal and obstetric care, the Milagro, FOCUS, Center for Reproductive Health and Ultrasound/Options clinics provide unique opportunities.
- Our inpatient service: UNM Family Medicine Inpatient Service has its own dedicated floor in the hospital, including our own conference room. Not only does this give us a "home," it gives us a voice in inpatient hospital leadership. We also provide excellent care: our service cares for complex inpatients and does well in quality metrics.
- Advocacy and Legislative Exposure: Our program is a visible part of the local and state level communities, with a voice that extends past that of patient care but into the way health care is delivered throughout the state.
- Focus on community medicine and public health: At UNM we value community engagement and advocacy. Our roots in the community run deep, with continuity clinic locations throughout the city, each with its own distinct patient population and demographics.
- Diversity: If you're looking for a diverse patient population, New Mexico is the place for you. We're a minority majority state with two refugee resettlement agencies. Our Southeast Heights clinic has a large population of Vietnamese-speaking patients and we serve a large proportion of Native American and Hispanic patients at many of the other clinics and in the hospital.
- Albuquerque: Albuquerque is an old city with a rich cultural tradition. It's also the largest city in New Mexico, one of the most scenic states in the country. It's a great place for people interested in both southwestern vistas and exploring historic cultural sites. Plus, the weather is great and it's sunny about 310 days a year.

Family Medicine Residency

Phone: 505-272-6607

Email: [HSC--FMResidency@salud.unm.edu](mailto:HSC--FMResidency@salud.unm.edu)

<http://fcm.unm.edu/education/residency/index.html>



### Your Peers- For the Next Three Years

It's true that we provide a unique and diverse patient population in our Program. But we also work to bring a diverse group of residents together. Each of our residents have various backgrounds and exposures, offering their unique insights during training. Your learning and personal experiences will be further enriched as you share and gain knowledge while working with our residents.



### Meet some UNM FM Residents PGY-III



#### **Joseph Bergsten, R3**

I grew up in Rio Rancho, NM, but have spent a lot of time living in Africa. That experience has changed my perspective on health care, outcomes and delivery. While doing my medical education at UNM I appreciated the focus on community outreach and public health. The Family Medicine Department was a leader at the school and provided me with incredible clinical experiences in rural communities as well as inner-city clinics where I was supported by exemplary faculty and mentors. I also chose UNM because of the diverse patient population and underserved communities to whom the hospital has made a mission to support. I knew that as a Family Medicine resident at UNM I would be respected, receive great teaching, work with dedicated faculty, and serve a diverse and unique patient population.

#### **Sophia Malary, R3**

My path to UNM isn't typical. Born in Haiti and raised in Miami, I was a schoolteacher in Washington, DC before deciding to attend medical school. I chose UNM's Family Medicine Program because it reflects my interest in addressing communities without access to health care. The diverse patient population I see at UNM gives me a perspective on how I can use my interests and clinical skills to build the practice and career that I dream of. While I miss the ocean lifestyle of Miami, I'm learning to appreciate the desert. I plan to return to Haiti to provide care in my native country.



### PGY-II



**Ariel Scott, R2**

I chose UNM specifically for its ability to combine the close-knit, unique experiences of a community program with the resources of a large, academic institution. My multiple clinical experiences in rural parts of southern New Mexico, including Roswell, Las Cruces, and Truth or Consequences, gave me the privilege of treating people with chronic diseases in a population that often suffered from a lack of access to preventative and integrated medical care, and I found myself drawn towards these patients and the unique issues and communication barriers they often faced. As a result, I hope to not only pursue a practice working with diverse cultures and underserved populations but also become actively involved in the politics that shape their healthcare disparities. For me, medicine is not just the science of treating an illness, but the art of treating a person, and, as a family physician, I truly believe I will have the opportunity, the gift, to have an impact on a person's overall well-being, making sure people's stories are not defined exclusively by their state of health, but by the way they are able to live their lives in spite of it.

**Jared Lunkenheimer, R2**

When I first began working with a small-town family physician in medical school, I immediately felt at home amongst clinicians with such a wide range of interests, commitment to social welfare, and close ties with their patients. The clinic was not just a place of work, but a community. There was also no simple way to sum up the variety of experiences the family doc might have in any given day. One might round on patients in the hospital in the morning, suture up a hand in the afternoon, and deliver a baby that night. Such variety made the work both fascinating and fun, and family medicine has been my passion ever since. When interviewing at residency programs I was looking for a place with a similar feel to that clinic where I was first introduced to the field. UNM had a wonderful combination of faculty skilled in broad topics such as maternal and child health, and a history of training physicians who go on to rural practice. When these strengths were combined with the location in the beautiful deserts of New Mexico, I knew I'd found the residency for me.



### PGY-I Interns



**Phung Vo, Intern**

I was born in Vietnam and raised in Albuquerque. I went to college and medical school in New Mexico and am very excited to continue my residency in my home state. I chose family medicine because of its broad spectrum. I am very interested in women's health and international medicine and knew that family medicine was a great approach to practice both of these. I also chose family medicine because of the connections you can make with your patients, a connection much different from any other specialty. As a family doctor you can treat the patient as a whole and not just the disease because there is more to medicine than just the disease. I chose to stay at UNM because of the diversity of our patient population and how I am able to relate to the patients. The program also has a strong emphasis on my interests of women's health and international medicine. I also remembered being a patient at the Southeast Heights clinic as a child and am exhilarated to be able to give back to the community that had helped me.

**Matthew Wilson, Intern**

I was born and raised in Boise, Idaho. A love for the outdoors took me to Bozeman, Montana for my undergraduate work where I skied, hiked, and biked my way through the mountains around Bozeman while studying Cell Biology, Neuroscience, and Spanish. During undergrad, a medical service project abroad and summer internships at a VA hospital convinced me to change my academic focus from education to medicine. In medical school at the University of Washington, I participated in community outreach projects that focused on providing care to the underserved in both rural and urban settings. Through those pursuits, I found that my background in education prepared me well for a future in primary care. I am particularly invested in Family Medicine because it allows me to approach patient care through trust and understanding in the context of community. As a primary care provider, I look forward to incorporating my passion for teaching through effective communication and building long term, therapeutic relationships. My wife and I are excited to become involved in the communities of New Mexico and explore the many unique cultural and outdoor possibilities!



### Our Faculty – Larry Leeman, MD, MCH Director



Walking through the hospital, it's impossible to miss Dr. Larry Leeman. It could be his beard, his haircut or his brightly colored socks, but most likely, it's his smile. Larry's got the sort of sly grin that says, "I'm about to tell you something great." It could be an unbelievable story, a fascinating lesson about obstetrics or that his son studies dub-step music in college. No matter what, when you see Larry, stop and listen, you'll be happy you did.

One of the common things you'll hear in the UNM FM department is that Dr. Leeman wrote the book on obstetrics. It's not far from the truth. Larry is a nationally recognized expert in the field and has been heavily consulted in the development of many OB and family medicine textbooks. As a resident at UNM, you'll see Larry's influence nearly everywhere in the hospital. He started the Maternal Child Health Center (MCH) at the hospital, one of a very few of its kind in the country. Not just an L&D service, here, FM residents have the ability to not simply participate, but lead, the entire process for a wide range of mothers-to-be, with a special focus on high risk and addiction-dependent patients. Under Larry's leadership, the MCH program is one of the most respected high-risk training services for FM residents in the country.

Dedicated to women's reproductive health issues, he's also director of the Milagro program, delivering pre-natal and delivery care for opiate addicted mothers and their babies- an innovative program that is recognized as a model for treating these families in a medical home settings at two of our family practice centers. Medical Consultant to Albuquerque's of an out-of-hospital birthing center is yet another one of Larry's many roles.

Why did Dr. Leeman choose Family Medicine instead of the traditional OB/GYN specialty? "I'm a generalist at heart- in everything I do -I loved full scope rural family practice on the Zuni Reservation for six years post-residency. With childbirth I like to connect across the umbilical cord and be part of the lives of my patients." When you meet Dr. Leeman his passion for life, variety and new challenges is very clear. His resume boasts of working and living in places like San Francisco, Taos, India, China, Ecuador and Guatemala, among others. Larry's proud of the overseas opportunities that UNM provides residents, citing a recent R2 that spent her high-volume month in a public hospital in India.

"This is not an easy residency," says Larry. "It requires a great deal of self-motivation and being a self-starter. I can't imagine a program that offers more options to graduates, but they're options that need to be grabbed. We don't hand anything to our residents, but we'll do anything we can to help them achieve their goals."

"I'm proudest when I see our former residents pursuing big dreams and interacting with more than individual patients. We want to support our residents to create new approaches to health and community. I love to see that."

Then Larry grins that grin and says, "Ya know, you just gotta follow that bliss..."

### Our Faculty – Robert Williams, MD, RiosNet Director



Walk into Dr. Rob Williams' office and the first thing you notice is the cactus, rather the cacti- dozens of them, some touching the ceiling. Then you'll notice the photos of him with his children at the summits on mountains around the Southwest. There's nothing to give away that Dr. Williams is one of the nation's best known and most-highly respected family medicine research physicians. And he likes it that way.

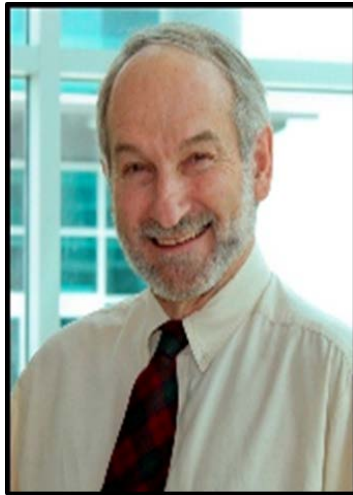
Dr. Williams is one of the top-funded NIH research family physicians in the nation. He is known as an expert in rural medicine and an often quoted resource in discussions of how to decrease the disparity of health care, outcomes and delivery among varied populations. Ask him about any of this and he'll defer the accolades, much preferring to discuss his role as a teacher, clinician and mentor for residents in the UNM FM program.

If you were to ask his peers about Rob, they'd comment on his research leadership, how he is instrumental in managing RIOS Net, a groundbreaking network of physician and outpatient centers dedicated to improving the health and health care delivery of under-served populations through research and a model to programs around the country. They'll also tell you about his work in leading The New Mexico Center for the Advancement of Research Engagement and Science on Health Disparities (NM CARES HD). Under his leadership, the organization focuses on finding new solutions to the complex problems that contribute to health disparities that affect New Mexicans.

If you were to ask residents about Rob, they'd say he is a thoughtful and understanding clinician. He's always available to precept or to simply ask about a unique clinical challenge. He's also known for his thoroughness and dedication to teaching on wards. A conversation with Rob will remind you that the science of medicine is never far from the art of care.

And finally, if you were to ask Rob what makes a great resident at the UNM program, he'll quickly tell you that successful residents will be lifelong learners that enjoy a variety of challenges and a diverse patient population. He'll tell you that there's no room for inflexibility at UNM. You'll be part of a department with a longstanding reputation of innovation in family medicine. Every day, you'll be challenged to be a part of that innovation- your ideas will be respected and included.

### Our Faculty – Art Kaufman, MD Vice Chancellor, Office for Community Health



When you first meet Art Kauffman (and as a resident at UNM, be assured, you WILL meet Art), he'll come off as a warm and gentle man, a family physician that cares about teaching and his patients. But as only 10% of an iceberg is above the service, in your time at UNM you'll see the other 90% and realize why he is known as one of the most passionate, well-liked, and respected attendings in the department.

There isn't enough room on this paper to list all of Dr. Art Kauffman's accomplishments and accolades. He's been recognized for his contributions to Family Medicine statewide, nationally and globally. As just an example, Dr. Kaufman received the prestigious WONCA award in 2007, an international award given annually to one Family Medicine physician among the more than 200,000 considered, from 79 countries. The award is given to physicians who have made a significant impact on the health of both individuals and communities. Still, the comments he's most proud of are the ones that residents make about his teaching.

To hear some of the residents talk about Dr. Kauffman is to hear a never-ending list of admirations:

"Art has a way of making his teaching stick, I never lose what he gives me"

"No one helps you learn from a decision (good or bad) like Dr. Kauffman"

"Art taught me to approach every situation, patient and problem with a positive attitude, and that's made all the difference"

"Art doesn't encourage mistakes, but he teaches you to find your way out of them"

"I learned that walking into a room with a smile is the most important part of any visit"

A fixture in the program for more than 30 years, he's got more energy than New Mexico has sunshine. That energy drives him to be an innovator, the first to look for new ideas and the first to find the positive in any situation. "Find your way! Make a difference. I encourage all residents to find a path and pursue it. It's the best, absolute best, part of our program. I can't think of another program that gives more opportunities to residents. No other place is like UNM- our clinics, our connection to IHS, our faculty, our leadership in the specialty. No place!"

A fixture in the department, Art knows what makes a good resident at the UNM program. He looks for someone who is equal parts:

- Servant-leadership: Able to navigate and manage through stressful situations by leading when necessary and learning when needed.
- Inspiration: Nothing inspires peers and others on your team like having a strong sense of self, the ability to make decisions, and the confidence to say, "I don't know."
- Balance: A good physician understands a work/life balance, even with the pressures of residency.
- Teaching: Strive to be a teacher in all you do.

"We're building a movement here. Have the courage to stand up and join in. Be part of what we're doing. It's exciting, it's contagious and it's changing medicine. Join us."



### Our Faculty – Felisha Rohan-Minjares, MD Director of Cultural Competency Curriculum



Of the many reasons to attend the UNM Family Medicine Residency Program, none is more honest than “I want to take care of New Mexico, my home.”

That’s the answer Felisha Rohan-Minjares gave when asked why she chose UNM for her training and why she stayed to build her practice. From Gallup, New Mexico, Felisha’s had many chances to leave, doing her undergraduate training at Notre Dame and medical school at Stanford. “Since I was young, I felt my calling was to do family medicine- to be able to affect the health outcomes of patients, their families and communities.”

“I feel a natural and important connection to the place that I’m from. I understand that New Mexico, like every state, has its challenges and disparities in health care. While the UNM program is focused on our immediate patient population, we train physicians to be flexible enough to work with the underserved and underrepresented in any community. The skills and tools we teach here are portable. A graduate of our program will be clinically exceptional and prepared to help patients make health care decisions affecting their lives and families- no matter where they end up practicing.”

Felisha is one of the reasons the program is so adept at training residents to understand, recognize and address healthcare disparities, she is director of the Cultural Competency Curriculum at the University of New Mexico. This curriculum is directed at training physicians to be lifelong learners, capable of communicating and interacting with patients from the broadest range of cultural, ethnic, socioeconomic and geographic backgrounds. The UNM residency program teaches the importance of self-awareness among practitioners as the first step in addressing disparate health care outcomes.

“I walked into the Southeast Heights Clinic on my first day of internship and I’ve been there ever since,” says Dr. Rohan-Minjares. “It’s the most diverse clinic in the state. I’ve built relationships with my patients and their families and I’ve helped them become active in their own health care decisions. I love my clinic!” Felisha says that the most important attribute that a resident can bring to the UNM program is a willingness to learn, to work hard, and to build relationships with their team. She finishes by saying, “Understanding your role within your team, knowing when to lead and when to learn, will take you far in residency and in practice.”

The UNM Family Medicine program provided Dr. Rohan-Minjares the tools to achieve her goal of caring for her fellow New Mexicans. Her challenge to every incoming resident- find your true goal and pursue it with passion. The joy and energy she brings to her career is proof that the passion pays off.

### North Valley Center for Family and Community Health (NV Clinic)



Valerie Carrejo, MD  
Clinic Director

The North Valley Clinic is the newest (and largest) clinic in the UNM system featuring 22 exam rooms, a radiology suite, pharmacy, laboratory and large community meeting room. The center plans to provide health education classes, behavioral health counseling and aid for patients who need home care, hospice, transportation and financial aid counseling.

Residents practicing at the Family Medicine Center are precepted by attendings in their continuity clinic which allows residents to learn from a variety of resources during their training. Opportunities exist for doing minor office procedures.

### PHS Indian Health Service (IHS)



Russ Bowman, DO  
Education Director

The PHS Indian Health Center is immediately east of UNM Hospital on the grounds of the historic tuberculosis sanitarium, the first healthcare facility in the area. In 1981, a new ambulatory care addition with 20 exam rooms was built. In 2003, the 32,609 user population made about 90,138 visits to the outpatient clinics of the primary care providers.

Native Americans belonging to over 400 distinct tribes visit our facility with a majority of visits coming from local Pueblo Indians and members of the Navajo Tribe. Most of the clinicians are family physicians, some are boarded in internal medicine or pediatrics. Most have also lived and worked on regional reservations. Two nurse practitioners, one PA and an occasional NP or PA student work concurrently. Tele-radiology is available during regular appointment times, an on-site pharmacy is helpful to both patients and providers. Specialty clinics (rheumatology, gynecology, colposcopy) are frequently held in the facility. Residents can schedule time to participate in the diabetes education program and colposcopy clinics. The Behavioral Health Department is staffed with psychiatrists, psychologists, counselors and social workers. Optometry clinic is staffed with two optometrists and a student. The laboratory is available on site. Procedures available include colposcopy, LEEP, endometrial biopsy, IUD insertion, joint injections, and trigger point injections.

Residents interested in working with Native American populations in urban, reservation or tribal sites will be especially interested in this clinic.

### First Choice South Valley (FCSV)



Sai Cheruvu, MD  
Education Director

The First Choice Community Healthcare clinics were first funded through a PHS grant in 1972 and have grown into a network of eight Federally Qualified Health Centers (FQHC's) from Edgewood to Belen. The clinics offer primary care to all patients, regardless of age, socioeconomic status, or immigration status. There is a sliding fee scale for services.

First Choice South Valley is an excellent training site and will prepare you to treat a wide breadth of primary care issues as well as engage in meaningful community health initiatives. We are active in the UNM Telehealth program. We perform many minor office procedures including colposcopy. In addition to providing medical care to patients of all ages including ample pediatric and obstetrical care, your training will include longitudinal, meaningful community engagement and work in multi-disciplinary teams to address our patients' social determinants of health.

The South Valley Clinic is located in a beautiful new county building, which also houses a dental clinic, Public Health offices and the WIC program. The site is adjacent to Ernie Pyle Junior High School, South Valley Head Start and South Valley Senior Center. We have 27 exam rooms and 2 procedure rooms in addition to the dental clinic and community meeting space.

All the staff is bilingual; about one half of our patient encounters are with Spanish speakers. The majority of our providers are Family Physicians who provide comprehensive care for our diverse population. We also have 2 pediatricians in our clinic, as well as a substance abuse counselor. We have 4-8 providers in clinic at any time, and we see about 1600 patients per month.

### Southeast Heights (SEH)



Jennifer Phillips, MD  
Medical Director

The Southeast Heights Center for Family Health is located in a multicultural, multi-ethnic, low-income area of the Southeast Heights. The clinic relocated to a beautiful new facility in the spring of 2009 and includes lab, xray, a pharmacy, a community room and a small outdoor play area. We have a sizeable obstetric practice and perform procedures such as colposcopy, IUDs, skin biopsies and orthopedic/musculoskeletal injections

Family Physicians, Physician Assistants, Nurse Practitioners, a Pediatrician, a Clinical Psychologist and a Psychiatrist work with our residents and staff to provide care to our varied patient population, which is largely immigrant; the majority are from Vietnam, Cuba and Mexico with an increasing number of immigrants & refugees from the Middle East and Africa. Case managers and an on-site pharmacy staff also provide essential services. Fluency in Spanish or Vietnamese is very useful; however, video and phone interpreter services are available for the multitude of languages spoken by our patients.

The entire office is involved in a number of community projects. Our recent efforts have focused on developing health care services for refugee populations in coordination with Catholic Social Services and the NM Department of Health. Other opportunities include a smoking cessation project for Vietnamese men and a Diabetes Walking Group.

### Enjoying Life Outside the Hospital

Albuquerque, New Mexico is a blend of old and new, rural and urban and of art and nature. Be prepared to participate, for the natural wonder and culture of the Southwest is waiting for you.

An oasis in the high desert, we enjoy more than 310 days of sunshine and blue skies. With outdoor sports and adventure in the Sandia Mountains to the east, the art and culture of Santa Fe to the north, and the wild desert to the south and west, UNM residents are never without something to do in their spare time.

As one of the largest cities in the Southwest, Albuquerque offers the excitement and entertainment of other urban centers. Whether it's art, shopping, history or fine dining, you can find it all here. If the noise and excitement become too much, merely head 20 minutes outside of the city and be engulfed by the serenity of nature. Albuquerque is not for spectators.

**Climate:** The high desert (we're at more than 5,000 feet of elevation) means that it's never too hot and never too cold. Average highs in the spring months are in the 70's while winter averages around the 30's. Clear skies and fluffy clouds are the norm for this area.

**Demographics:** Albuquerque metro area's population totals almost 900,000. The city ranks among the top 25 largest metros with the most college graduates. Albuquerque made the 2012 list of Greenest Cities in America and Best Places to Retire.

**Economy:** The largest city in New Mexico, Albuquerque is also its economic center. Part of its success can be attributed to a diverse economic base consisting of government, services, trade, agriculture, tourism, manufacturing, and research and development. Albuquerque is home to Intel, GE, and Sandia National Labs.

#### Resident Top Things: Albuquerque

- ▲ The weather
- ▲ The outdoors
- ▲ Housing costs (Low!)
- ▲ Red or Green chile
- ▲ Riding a bike/scooter 300+ days/year
- ▲ A ski resort 15 miles from the hospital
- ▲ Great Hiking Opportunities
- ▲ The Sunport International Airport



### Albuquerque: By the Numbers

There's a lot to see and do in Albuquerque, too much for one piece of paper. Here are some of highlights. Please visit the city of Albuquerque's web site ([www.itsatrip.com](http://www.itsatrip.com)) or ask anyone at our program to learn more.

#### Demographics

- 46.7% Hispanics or Latinos
- 42.1% White
- 3.8% Native American
- 2.7% African American
- 2.5% Asian
- 2% Other

#### Largest Employers

- Kirtland Air Force Base
- University of New Mexico
- Albuquerque Public Schools
- Sandia National Laboratories
- Presbyterian Health System
- State of New Mexico
- Lovelace Health System
- Intel Corporation
- PNM Resources
- Bank of Albuquerque

#### What's Nearby

- Santa Fe (45 Miles)
- Taos (130 Miles)
- Las Vegas, NV (575 Miles)
- Durango, CO (213 miles)
- Phoenix (420 Miles)
- El Paso, TX (270 Miles)

#### Things to Do

- International Balloon Festival
- Skiing, Biking and Hiking
- The Sandia Tramway
- ABQ BioPark

#### Fun Facts

- Have you seen Breaking Bad?
- Home of Neal Patrick Harris
- The Albuquerque Isotopes got their name from The Simpsons
- The 2.7-mile aerial tramway five miles northeast of Albuquerque is the longest in North America.
- 5,312' elevation makes ABQ the highest city in America
- Nicknamed the "Duke City" after the Spain's Duke of Albuquerque
- Albuquerque encompasses a metropolitan population of about 500,000.